



**ATENEO de DAVAO UNIVERSITY
HIGH SCHOOL**

Office of the Subject Area Coordinator - MAPEH

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**SCOPE AND SEQUENCE
MUSIC, ART, PHYSICAL EDUCATION, and HEALTH
GRADE 8
School Year 2013 - 2014**

A. MUSIC EDUCATION G8

TOPICS	NO. OF MEETINGS
<p><u>Introduction</u></p> <p>1. Getting to know; Orientation to Music Education 1 Scope and Sequence; Grading System; Class Rules</p>	1 meeting
<p><u>Unit 1: Review on the Basic Musical Rudiments</u></p> <p>1. Leveling-Off / Pre-test</p> <p>2. The Time Signature and Complex Conductor's Beats</p> <p>3. Simple Time Signatures</p> <p>4. Complex Time Signatures</p> <p>5. Performance Task</p>	1 meeting 1 meeting 1 meeting 1 meeting 1 meeting
<p><u>Unit 2: Asian Music Appreciation</u></p> <p>1. Introduction to Asian Music</p> <p>2. The Music of Southeast Asia: <ul style="list-style-type: none"> • Singapore and Myanmar • Laos and Thailand • Malaysia and Indonesia </p> <p>3. The Music of East Asia <ul style="list-style-type: none"> • Korea • Japan • China </p> <p>4. The Music of Central Asia and South Asia <ul style="list-style-type: none"> • India and Pakistan </p>	1 meeting 1 meeting 1 meeting 1 meeting 1 meeting

<ul style="list-style-type: none"> • Middle East and Israel 	1 meeting
5. Asian Traditional Music and Theater <ul style="list-style-type: none"> • Kabuki • Wayang Kulit and Peking Opera • Sarsuela 	1 meeting 1 meeting 1 meeting
6. Performance Task	1 meeting

B. ART EDUCATION G8

TOPICS	NO. OF MEETINGS
Subject Orientation, Getting to Know, Rules and Regulations Diagnostic Test/Pretest	1 meeting
Unit I- Introduction to Asian Arts Art & Life	1 meeting
Art & Asian Life	1 meeting
Asian Art & Economy, Geography & Technology and Religion	2 meetings
Unit II – Elements & Principles Elements of Art (review)	1 meeting
Harmony, Balance, Rhythm	1 meeting
Variety, Movement, Emphasis, Proportion	1 meeting
Unit III – Unit III- Art of South East Asia, East Asia & Central Asia South East Asia	2 meetings
East Asia	2 meetings
Central Asia	2 meetings
Unit IV- Theatre Arts in China, Japan, Indonesia & Thailand China	1 meeting
Japan	1 meeting
Indonesia	1 meeting
Thailand	1 meeting

C. PHYSICAL EDUCATION G8

TOPICS	NO. OF MEETINGS
Subject Orientation IPP – Reflection Learning Preferences	1 meeting
Unit 1 Introduction of Physical Fitness Components of Physical Fitness Skill – Related Physical Fitness Tests Reflections	4 meetings
Unit 2 Philippine Folk Dances Fundamental Arms Positions Fundamental Feet Positions Basic Steps and Figures Selected Philippine Folk Dances according to region	8 meetings (including Scouting Periods)
Unit 3 Sports Background of every selected sport Chess/Scrabble Volleyball Kickball Basketball	10 meetings
Performance Task General Rehearsals	2 meetings

D. HEALTH EDUCATION G8

TOPIC	NUMBER OF MEETINGS
Unit 1: Human Sexuality and Gender Education (6 sessions)	
Subject Orientation, Getting to Know, Rules and Regulations	1 meeting
Diagnostic Test/Pretest; Performance Task Orientation	1 meeting
Basics of Sexuality; meaning and difference of sex and sexuality <ul style="list-style-type: none"> ○ the meaning and importance of human sexuality and its dimensions ○ the advantages of being male/female ○ the definition and difference between sex and gender ○ gender roles/ issues/ bias 	1 meeting
Sexually Transmitted Diseases	1 meeting
Courtship and Dating	1 meeting
It's Worth the Wait Movement: Photo Operation	1 meeting
Unit 2: Disease Prevention and Control (3 sessions)	
Health and Disease <ul style="list-style-type: none"> ● Basic/general terms about Health and Disease ● Causes of disease ● General factors that influence the health equilibrium (host, agent, and environment) ● Factors that influence disease transmission 	1 meeting
Infections <ul style="list-style-type: none"> ● The chain of infection ● The stages of infection ● General methods of disease prevention and control 	1 meeting
Development of self- monitoring skills	1 meeting
Unit 3: First Aid (6 sessions)	
Hook Activity; Money Game: Reviewing the Basics <ul style="list-style-type: none"> ● Definition of First Aid ● General Principles of giving First Aid ● ABCs of First Aid ● Characteristics of a good First Aider ● Common Accidents and Emergencies ● Common emergency situations and medical conditions and appropriate safety measures/ interventions 	1 meeting
Basic First Aid Training- Emergency Rescue and Transfer Day 1: One man Carrying Techniques <ol style="list-style-type: none"> 1. One man Assist to walk 2. Lover's Carry 	1 meeting

3. Packstrap Carry 4. Piggyback Carry Two men Carrying Techniques 1. Saddle Carry 2. Four handed seat Carry • Extremity Carry	
Basic First Aid Training- Emergency Rescue and Transfer Day 2: Three Men Carrying Techniques: Bearers Alongside Six Men Carry	1 meeting
Basic First Aid Training- Splinting	1 meeting
Practice Day	1 meeting
Practical Exam/Return Demonstration/Simulation	1 meeting
Unit 4: Environmental Health (3 Sessions)	
Environment and Health	1 meeting
Pollution: 3 Rs	1 meeting
Campaign for the Environment for a Better Family Health	1 meeting
Long Test	1 meeting

Prepared by:

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