



ATENEO DE DAVAO UNIVERSITY
HIGH SCHOOL

MUSIC, ART, PHYSICAL EDUCATION, AND HEALTH (MAPEH)
SCOPE AND SEQUENCE
SY 2014-2015

Grade 9
Health Education

Unit 1: Community and Environmental Health

Content Standard: The learners demonstrates understanding of the principles in protecting the environment for community wellness

Performance Standard: The learners consistently demonstrates healthful practices to protect the environment for community wellness

Performance Task: To prevent the spread of diseases in your chosen community.

ROLE: You will serve as a Barangay Health Worker.

Audience:

SITUATION: Because of the growing number of children infected by diseases caused by dirty surrounding in your community, you are tasked to develop an action plan that would help maintain a clean and healthful life.

PRODUCT PERFORMANCE AND PURPOSE:

You need to come-up with a concept paper on how to eliminate the spread of diseases and control the number of children who are infected by different diseases. You need to be realistic in order to be able to apply your plan in your chosen Barangay. Standard will follow

Topics:

- Self-Health
- Health Tips
- Community and Environmental Health

Textbook:

- MAPEH Compilation for Third Year by Cad
- orna, Barry Brown P., et al.,
- Health teens Third Edition
- Health Education for Future Adults Year III

References:

Unit 2: Prevention of Substance Use and Abuse

Content Standard: The learner demonstrates understanding of the dangers of substance use and abuse on the individual, family and community

Performance Standard: The learner shares responsibility with community members through participation in collective action to prevent and control substance use and abuse

Performance Task: Debate on the legalization of Drugs in the Philippines (legalization of Marijuana)

Topics:

- Introduction to Drugs
 - Dangerous Drugs and Substance

Textbook:

- MAPEH Compilation for Third Year by Cadorna, Barry Brown P., et al.,
 - Health teens Third Editio

References:

Unit 3: Safety Education (CPR)

Content Standard: The learner demonstrates understanding of first aid principles and principle

Performance Standard: The learner performs first aid procedures with accuracy

Performance Task: Practical exam- You need to quickly transfer the patient from unsafe area to the safe area before administering CPR to revive the patient breath.

Standards and Criteria for Success:

You will be assessed on your ability to perform First Aid safety measures within a specific amount of time (2 minutes)

The criteria for evaluation are as follows:

- CPR

Correct compression

Correct location/positioning of hand

Neatness/ Cleanliness

- ERT

CORRECT POSITIONING OF RESCUERS

CORRECT LIFTING AND CARRYING COMMANDS

PROPER BODY MECHANICS/ POWER LIFT

UNISON OF MOVEMENT/ TEAMW

Topics:

- First Aid Guidelines and Procedures
- Basic steps in cardio pulmonary resuscitation)
- Return Demo (CPR)

Textbook:

- MAPEH Compilation for Third Year by Cadorna, Barry Brown P.,et al.,
- Health teens Third Edition

References:

UNIT 4: Consumer Health Education

Content Standard: The learner understands the guidelines and criteria in the selection and evaluation of health information, products, and services

Performance Standard: The learner demonstrates critical thinking and decision-making skills in the selection, evaluation and utilization of health information, products and services

The learner understands the guidelines and criteria in the selection and evaluation of health information, products, and services.

Performance Task: Presentation of different advertisement that lure costumer (Advertisement Making)

PERFORMANCE TASK RUBRIC

APPEAL TECNIQUE TO LURE CUSTOMER				
CRITERIA	EXCELLENT- 10 POINTS	GOOD- 7 POINTS	AVERAGE- 5 POINTS	POOR/ INCOMPLETE- 3 POINTS
Overall Appearance	The overall appearance is extremely pleasing to the eye; very catchy and creativity is very evident	The overall appearance is generally pleasing to the eye.	The overall appearance is somewhat pleasing to the eye; does not catch the attention at first glance	The overall appearance is not pleasing to the eye; appears sloppy or mediocre
Relation to the Topic	The product relates extremely well to the subject; shows full understanding of the topic on Health advertisement	The product relates to the subject; shows general understanding of the topic on health consumerism;	The product somewhat relate to the subject; shows some understanding of the topic on health consumerism; however relation to the topic is quite	The product does not relate to the subject on health consumerism; interpretation and understanding is unclear or inappropriate

			vague and confusing	
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Topics:

- Introduction to Health Consumerism-Products and Services?
- Advertisement to Lure Customer

Textbook:

- MAPEH Compilation for Third Year by Cadorna, Barry Brown P., et al.,
- Health Teens Third Edition

References:

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