

References:

- MAPEH 4 textbook (Compiled by: Mr. Paulo O. Estorba, Darius P. Tajale and Barry B. Cadorna)
- Internet sites for pictures and video like: www.Google.com, and www.youtube.com)

Unit 2: Sports Management and Organization

Content Standard:

The learner will plan, execute and evaluate sports management and organization with different context level of the team.

Performance Standard:

The learner plans, designs, implements and evaluates recreational/alternative and sport activities in a mini-intramural program.

Performance Task:

Your goal is to help students from different year levels and Sangguniang kabataan from different barangays to understand better the concepts of organizing, planning, implementing as well as evaluating different sports. You are a student sports coordinator of Ateneo de Davao University - High school Department. The audiences are selected people from different barangays who responded to the invitation sent by a group of ASEC students from different year level. You have been asked to discuss the activity plan that shows the roles of the members of the organizing team in the upcoming intramural program. You have been asked also to apply your designed activities in a mini-intramural program while some members of your team will evaluate your own performance; you have to identify your strengths, weaknesses and areas that need improvement in your team. You need to prepare a written activity plan and evaluation form that discusses the strengths, weaknesses and areas that need improvement of your team. The group will be assessed according to this rubric:

Topics:

- Sports Management and Organization (Introduction and Discussion)
- Sports Management and Organization (Planning)
- Sports Management and Organization (Implementation and Evaluation of Group1's Mini-intramural Program)
- Sports Management and Organization (Implementation and Evaluation of Group2's Mini-intramural Program)
- Sports Management and Organization (Implementation and Evaluation of Group3's Mini-intramural Program)

Textbook:

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- Honing your skills through MAPEH 4

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- MAPEH 4 textbook (Compiled by: Mr. Paulo O. Estorba, Darius P. Tajale and Barry B. Cadorna)
- Honing your skills through MAPEH 4
- www.managementstudyguide.com/management_functions.htm,
<http://managementhelp.org/managementcontrol/index.htm>
- www.printyourbrackets.com

Unit 3: Creative Ballroom Dancing

Content Standard:

The learner will demonstrate their understanding of the culture of the country where their ball room dancing comes from and be able to execute properly the different ballroom dances with grace and timing.

Performance Standard:

The learners dance with proper execution, gracefulness and timing with their own creative and innovative steps out from the basic ballroom dance steps.

Performance Task:

Your goal is to help young students from different year levels and invited guests from DACS member schools to understand better the benefits of adapting skills in dancing. You are a dance instructor of high school students of the Ateneo de Davao University. The audiences are young students from different year levels and the invited guests from other schools (a friend). You have been asked to discuss about nature and background of the different social dances and the benefits you can get on adapting this nature. You have been asked also to creatively and expressively apply the basics steps learned in a performance task activity presentation with grace and timing. You will be evaluated according to this standards and criteria for success.

Topics:

- Basic Fundamental Dance Steps
- Basic steps for Cha cha cha
- Basic steps for Jive
- Basic steps for Rumba
- Creative Ballroom Dance Presentation

Textbook:

- Book and Life-Long Fitness How important is movement across the lifespan? By Jacob Headley
- Honing your skills through MAPEH 4

References:

- www.managementstudyguide.com/management_functions.htm,
<http://managementhelp.org/managementcontrol/index.htm>
- www.printyourbrackets.com